Code of Conduct

In Zenshin Dojo we aim to maintain the highest standards of conduct in line with our core values of:

* Honesty
* Integrity
* Respect
* Self Control
* Openness
* Honour
* Humility
* Understanding
* Mutual support
* Loyalty

As a group practising a martial art it is fundamental that discipline is maintained at all times.

The following guidelines give examples of the standards of behaviour that we expect in our organisation:

* Treat everyone \*(including self) with respect.
* Be noble in defeat.
* Be humble.
* Be considerate of others needs and offer support, guidance and help when necessary.
* Be aware of personal conduct and promote our shared values at all times.

These qualities and behaviours are expected to be present not only within karate practice, but beyond in a wider context.